

All of the Healthy Behaviors programs require members to fill out a completion form and return it to AmeriHealth Caritas Florida before joining. The form should be filled out entirely and returned to the AmeriHealth Caritas Florida Quality department by fax at **1-855-358-5854** or by mail to:

**AmeriHealth Caritas Florida**  
**P.O. Box 7181**  
**London, KY 40742**

For the three programs listed below, interested members must see their primary care providers (PCPs) and must agree to participate in AmeriHealth Caritas Florida’s Care Management program before joining and committing to the program. A designated Care Coordinator or Care Manager will reach out to each member to discuss the selected programs in more detail once AmeriHealth Caritas Florida receives that member’s completed form. The designated Care Coordinator or Care Manager will contact the PCP office to confirm services. Once the services have been verified, a gift card will be mailed to the member (or to the minor’s parent or guardian). If the services cannot be verified, the member must provide documentation that the services were received. These three Healthy Behaviors programs do not have an expiration date for services or a form deadline.

**Smoking Cessation Program**

Intervention	Reward type	Reward value	Reward criteria	Limitations
Smoking Cessation Program	Subway gift card	\$10	Member must complete an initial risk assessment with a designated Care Coordinator or Care Manager prior to enrolling. Member must also submit a completion form and agree to case management to qualify for the incentive.	Members who do not complete the initial risk assessment and/or do not submit his or her signed completion form, including the agreement to participate in case management, will not be eligible for the incentive.

Milestone or goal	Reward type	Reward value	Reward criteria	Limitations
Smoking Cessation Seminar — Tools to Quit	Publix gift card	\$10	A member must attend and complete an intensive two-hour smoking cessation seminar and must submit a certificate of completion to case management to qualify for the reward.	Members who do not submit a copy of his or her certificate will not be eligible for the reward.
Smoking Cessation Program — Quit Smoking Now	Publix gift card	\$30	A member must attend and complete a six-session smoking cessation program and submit a certificate of completion to qualify for the reward.	Members who do not submit a copy of his or her certificate will not be eligible for the reward.



**Weight Loss Program**

Intervention	Reward type	Reward value	Reward criteria	Limitations
Weight Loss Program	Subway gift card	\$10	A member must see his or her PCP for an initial office visit and complete a body mass index (BMI) screening prior to enrolling. Member must also submit a completion form signed by PCP with initial BMI documented and agree to case management to qualify for the incentive.	A member who does not complete the BMI screening through his or her PCP and/or does not submit the completion form and agree to case management will not be eligible for the incentive. A member who has an initial BMI under 35 will not be eligible for the program.

Milestone or goal	Reward type	Reward value	Reward criteria	Limitations
Initial visit with dietitian or nutritionist	Subway gift card	\$10	A member must complete an initial visit with an in-network dietitian or nutritionist to qualify for the reward.	A member must contact a designated Care Coordinator or Care Manager if they choose to have his or her visit with an out-of-network provider. Member must provide appointment documentation to qualify for the reward.
PCP follow-up visit (five to seven weeks) with BMI documented	Publix gift card	\$10	A member must complete a PCP follow-up visit five to seven weeks after initial PCP visit to qualify for the reward.	A member who does not follow up with his or her PCP five to seven weeks after initial PCP visit will not qualify for the reward.
PCP final visit (three month) with reduction in BMI documented	Publix gift card	\$20	A member must complete PCP final visit three months after initial PCP visit, with reduction in BMI documented, to qualify for the reward.	PCP must document a reduction in BMI at the member's final visit, and this documentation must be submitted to case management for the member to qualify for the reward.



**Alcohol or Substance Use Recovery Program**

Intervention	Reward type	Reward value	Reward criteria	Limitations
Alcohol or Substance Use Recovery Program	Subway gift card	\$10	A member must submit a completion form and agree to case management to qualify for the incentive.	A member who does not submit his or her signed completion form and/or does not agree to case management will not be eligible for the incentive.

Milestone or goal	Reward type	Reward value	Reward criteria	Limitations
30 days of sobriety	Subway gift card	\$10	A member must present appropriate chip as evidence of attendance at Alcoholics Anonymous (AA) or Narcotics Anonymous (NA) meetings.	If the member does not present chip, he or she will not qualify for the reward.
90 days of sobriety	Publix gift card	\$10	A member must present appropriate chip as evidence of attendance at AA/ NA meetings.	If the member does not present chip, he or she will not qualify for the reward.
180 days of sobriety	Publix gift card	\$20	A member must present appropriate chip as evidence of attendance at AA or NA meetings.	If the member does not present chip, he or she will not qualify for the reward.



For the following programs, members must fill out and return a completion form by January 31, 2022, for program consideration. The last day for completing services is December 31, 2021, which is also when these programs expire. Once the services have been verified, a gift card will be mailed to the member (or to the minor’s parent or guardian). If the services cannot be verified, the member must provide documentation that the services were received.

**Behavioral Health Follow-Up**

This program is for members ages 6 and older.

Milestone or goal	Reward type	Reward value	Reward criteria	Limitations
Behavioral health follow-up visit within seven days of discharge from an acute behavioral/mental health inpatient setting or emergency department.	Walmart gift card	\$20	A member must have a follow-up visit within seven days of discharge from an acute behavioral/mental health inpatient setting or emergency department in order to qualify for the program.  Members who are age 6 and older during the measurement year. (January 1, 2021, to December 31, 2021) are eligible to join the program.	If the member does not have a follow-up visit within seven days of being discharged from an acute behavioral/mental health inpatient setting or emergency department in 2021, he or she will not be eligible for the gift card reward. Completion form must be returned by January 31, 2022.

**Diabetes Testing**

This program is for members ages 18 to 75 with diabetes.

Milestone or goal	Reward type	Reward value	Reward criteria	Limitations
Diabetic testing series: (hemoglobin [HbA1c] blood test and microalbumin/urine screen)	Walmart gift card	\$30	A member must be diabetic and have both diabetic screenings (HbA1c blood test and microalbumin/urine screen) in 2021 to qualify for the reward.  Members with diabetes who are ages 18 – 75 during the measurement year from January 1, 2021, to December 31, 2021, are eligible to join the program.	If the member does not have both diabetic screenings in 2021, he or she will not be eligible for the reward. Completion form must be returned by January 31, 2022. The member must have diabetes to qualify for the program.

**Diabetes Eye Exam**

This program is for members ages 18 to 75 with diabetes.

Milestone or goal	Reward type	Reward value	Reward criteria	Limitations
Diabetic retinal or dilated annual eye exam.	Walmart gift card	\$20	A member must be diabetic and have a retinal or dilated annual eye exam in 2021 to qualify for the reward.  Members with diabetes who are ages 18 – 75 during the measurement year (January 1, 2021, to December 31, 2021) are eligible to join the program.	If the member does not have retinal or dilated annual eye exam in 2021, he or she will not be eligible for the reward. Completion form must be returned by January 31, 2022. The member must have diabetes to qualify for the program.



**Maternity**

This program is for all ages.

Milestone or goal	Reward type	Reward value	Reward criteria	Limitations
Completing 10 prenatal visits and a postpartum visit within 7 to 84 days of giving birth.	Walmart gift card	\$50	A member must complete 10 out of 13 prenatal visits and a postpartum visit to qualify for the reward.	If the member does not have at least 10 out of 13 prenatal visits and a postpartum visit within 7 to 84 days of giving birth, she will not qualify for the reward. Completion form must be returned by January 31, 2022. The member must have delivered a child on or between October 8, 2020, and October 7, 2021.

**Postpartum Care**

This program is for all ages.

Milestone or goal	Reward type	Reward value	Reward criteria	Limitations
Completing a postpartum visit within 7 to 84 days of giving birth.	Walmart gift card	\$20	A member must have a postpartum visit within 7 to 84 days of giving birth to qualify for the reward.	If the member does not have a postpartum visit within 7 to 84 days of giving birth, she will not qualify for the reward. Completion form must be returned by January 31, 2022. The member must have delivered a child on or between October 8, 2020, and October 7, 2021. A member who completes the Maternity reward program is not eligible for the postpartum reward program.

**Well-Child Visit**

This program is for members ages 31 days to 15 months.

Milestone or goal	Reward type	Reward value	Reward criteria	Limitations
Completing six well-child visits with a provider during the first 15 months of life.	Walmart gift card	\$50	A member must complete at least six out of eight well-child visits to qualify for the reward. Members who turned 15 months old during the measurement year (January 1, 2021, to December 31, 2021) are eligible to join the program.	If the member does not have at least six well-child visits during the first 15 months of life, he or she will not be eligible for the reward. Completion form must be returned by January 31, 2022.



**Well-Child Visit**

This program is for members who turn 30 months in measurement year.

Milestone or goal	Reward type	Reward value	Reward criteria	Limitations
Completing at least two or more well-child visits with a provider from January 1, 2021 to December 31, 2021.	Walmart gift card	\$20	A member must complete two or more well-child visits in 2021 to qualify for the reward.  Members who turned 30 months old during the measurement year (January 1, 2021, to December 31, 2021) are eligible to join the program.	If the member does not complete two or more well-child visits in 2021, he or she will not be eligible for the reward. Completion form must be returned by January 31, 2022. A member cannot earn more than one reward for this program.

**Adult Access to Preventive or Ambulatory Services**

This program is for members ages 20 and older.

Milestone or goal	Reward type	Reward value	Reward criteria	Limitations
Completing at least one ambulatory (outpatient) or preventive care visit with a provider from January 1, 2021, to June 30, 2021.	Walmart gift card	\$20	A member must complete at least one care visit in 2021 to qualify for the reward.  Members ages 20 and older during the measurement year (January 1, 2021, to December 31, 2021) are eligible to join the program.	If the member does not have at least one care visit in 2021, he or she will not be eligible for the reward. Completion form must be returned by January 31, 2022. A member cannot earn more than one reward for this program.
Completing at least one ambulatory (outpatient) or preventive care visit with a provider from July 1, 2021, to December 31, 2021.	Walmart gift card	\$10	A member must complete at least one care visit in 2021 to qualify for the reward.  Members ages 20 and older during the measurement year (January 1, 2021, to December 31, 2021) are eligible to join the program.	If the member does not have at least one care visit in 2021, he or she will not be eligible for the reward. Completion form must be returned by January 31, 2022. A member cannot earn more than one reward for this program.



### Child and Adolescent Well-Care Visit

This program is for members ages 3 to 21.

Milestone or goal	Reward type	Reward value	Reward criteria	Limitations
Completing one well-care visit with a PCP or an OB/GYN provider from January 1, 2021 to June 30, 2021.	Walmart gift card	\$20	A member must complete at least one well-care visit with a PCP or an OB/GYN provider in 2021 to qualify for the reward.  Members ages 3 – 21 during the measurement year (January 1, 2021, to December 31, 2021) are eligible to join the program.	If the member does not have at least one well-care visit with a PCP or an OB/GYN provider, he or she will not be eligible for the reward. Completion form must be returned by January 31, 2022. A member cannot earn more than one reward for this program.
Completing one well-care visit with a PCP or an OB/GYN provider from July 1, 2021, to December 31, 2021.	Walmart gift card	\$10	A member must complete at least one well-care visit with a PCP or an OB/GYN provider in 2021 to qualify for the reward.  Members ages 3 – 21 during the measurement year (January 1, 2021, to December 31, 2021) are eligible to join the program.	If the member does not have at least one well-care visit with a PCP or an OB/GYN provider in 2021, he or she will not be eligible for the reward. Completion form must be returned by January 31, 2022. A member cannot earn more than one reward for this program.

### Lead Screening

This program is for members up to age 2.

Milestone or goal	Reward type	Reward value	Reward criteria	Limitations
Completing at least one capillary or venous lead blood test for lead poisoning.	Walmart gift card	\$10	A member must have at least one capillary or venous lead blood test for lead poisoning in 2021 to qualify for the reward.  Members who turn age 2 during the measurement year (January 1, 2021, to December 31, 2021) are eligible to join the program.	If the member does not have at least one capillary or venous lead blood test for lead poisoning, he or she will not be eligible for the reward. Completion form must be returned by January 31, 2022.

## Healthy Behaviors Program Goal Completion Grid

### Breast Cancer Screening

This program is for female members ages 50 to 74.

Milestone or goal	Reward type	Reward value	Reward criteria	Limitations
Completing one mammogram screening for breast cancer.	Walmart gift card	\$10	A member must have a mammogram screening for breast cancer in 2021 to qualify for the reward.  Female members ages 50 to 74 during the measurement year (January 1, 2021, to December 31, 2021) will be eligible to join the program.	If the member does not have a mammogram in 2021, she will not be eligible for the reward. Completion form must be returned by January 31, 2022.

### Cervical Cancer Screening

This program is for female members ages 21 to 64.

Milestone or goal	Reward type	Reward value	Reward criteria	Limitations
Completing one cervical cytology screening for cervical cancer.	Walmart gift card	\$10	A member must have a cervical cytology screening for cervical cancer in 2021 to qualify for the reward.  Female members ages 21 to 64 during the measurement year (January 1, 2021, to December 31, 2021) are eligible to join the program.	If the member does not have a cervical cytology screening in 2021, she will not be eligible for the reward. Completion form must be returned by January 31, 2022.

Member rewards cannot be used for alcohol, tobacco, gambling (including lottery), drugs (except over-the-counter), firearms, or ammunition purchases. These rewards will not be used to direct individuals to select a particular provider. Members may enroll in more than one Healthy Behaviors program (if they qualify), and can receive a reward of up to \$50 per program, per year. Members may join each Healthy Behaviors program only once per year. Incentives and rewards are non-transferable.